Important!
Always have an adult help you!

What you’ll need:
- empty aluminum cans
- gravel or popcorn seeds
- small sticks

Organize your materials.

1. Gather a small handful of gravel.

2. Place the gravel into the empty can.

3. Then, place a small stick into the opening of the can.

4. Use the stick as a handle to shake a beat!

5. Make sure to twist the stick into the opening to secure it solidly in place.

6. Important!
   Always have an adult help you!